

EXPRESSIVE ARTS TEEN GRIEF SUPPORT GROUP

Wednesday Evenings

January 18 - March 22, 2017
6:00pm to 8:00pm
at Cornerstone of Hope

Please inquire at least two weeks in advance to group starting at which time, an intake appointment will be scheduled. Inquiries may be made on our website or by calling. All groups are offered at no cost. Each meeting is two hours, and a light dinner is provided.

This eight week group is designed to assist grieving teens (Ages 13-17) in expressing thoughts and feelings that are difficult to discuss through the utilization of expressive arts. This type of non-verbal communication will help them explore their emotions safely in a supportive environment. Music, journaling, drawing, painting, and other expressive activities will be used throughout this group. This group is open to all, regardless of ethnic, cultural & faith backgrounds.



All Cornerstone of Hope clinical support programs are led by professionally trained and experienced facilitators.



A CENTER FOR GRIEVING
CHILDREN, TEENS, AND ADULTS

COLUMBUS

1550 Old Henderson Road, Suite E262
Columbus, Ohio 43220
614.824.4285

cornerstoneofhope.org

"I really like this group a lot. It helps me learn new ways to show my emotions. I feel that families that don't have help with their grief, should be able to express themselves too. It was a great experience with laughter, crying, happiness, and new friends. All families should be able to grieve."

-Toneshia, teen support group member

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